

**For Immediate Release**

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**DISABILITY: Breaking Boundaries on the Water  
Regaining Independence Through Adaptive Water Sports**

**Smithville, MO (July 11, 2014)** - The Rehabilitation Institute of Kansas City (RIKC) will be hosting an adaptive water sports clinic for individuals 16 years and older living with spinal cord injury and amputations. This unique event provides the opportunity for individuals with physical limitations to be able to kayak, water ski, and ride personal watercrafts with the assistance of professionally trained staff and volunteers. Excellent photographic opportunities are available throughout the day from 9 a.m. until 4 p.m. at Crows Creek Landing on Smithville Lake.

This will be the 20<sup>th</sup> year for Day at the Lake, an event that has created opportunities for hundreds of disabled individuals in the community to experience the incredible feeling of mobility on the water.

Ameristar Cares is the presenting sponsor for this event, providing volunteers and lunch for all participants. Ameristar has joined with RIKC to provide this event since 2005.

**What:** RIKC's "Day at the Lake"

**When:** Friday, July 11, 2014 from 9:00 a.m. until 4:00 p.m.

**Where:** Crows Creek Landing at Smithville Lake (just past maintenance shelter at 5612 Crows Creek Road, Smithville, MO)

**Cost:** FREE

**Event Contact:** Advance registration is required.

Contact Jeanette Boucher at [Jeanette.boucher@rehabkc.org](mailto:Jeanette.boucher@rehabkc.org) or 816-751-7710

For more information visit us here: <http://www.rehabkc.org/ADayAtTheLake>

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**About the Rehabilitation Institute of Kansas City**

The Rehabilitation Institute of Kansas City (RIKC) is the leading outpatient medical and vocational rehabilitation service provider in the Greater Kansas City area. Since 1947, RIKC continues to help children and adults with disabilities live more independent and enriching lives in the community. RIKC strives for and achieves excellent measurable outcomes and services that impact those who have experienced debilitating conditions such as stroke, brain injury, amputation, or developmental disability.

Website: [www.rehabkc.org](http://www.rehabkc.org)

**Specialties**

Medical Rehabilitation, Senior Services, Neuropsychology Services, Driving Evaluation & Training, Adaptive Technology Services, Employment Placement, and Industrial Subcontracting